



BVRIT HYDERABAD
College of Engineering for Women
Bachupally, Hyderabad – 500090
Department of Basic Sciences and Humanities

S.No	Name of the Event	Date	No.of participants
1.	Stress and Time Management	9/12/23	392
2.	Get Fit While You Sit	20/01/24	50
3.	Breaking Barriers: Promoting Gender Equality in Technology and Engineering	04/03/24	156
4.	Women's Day celebrations	07/03/24	500
5.	Healthy Relationships and Gender Dynamics	11/07/24	68
6.	Women Safety	24/07/24	250
7.	Shattering Stereotypes: Gender and Technology	21/08/24	140


HOD-BS&H



BVRIT HYDERABAD College of Engineering for Women

(UGC Autonomous Institution | Approved by AICTE | Affiliated to JNTUH)
(NAAC Accredited – A Grade | NBA Accredited B.Tech. (EEE, ECE, CSE and IT))
Bachupally, Hyderabad -500 090

Circular

Date: 07-12-2023

All the students of I B.Tech are hereby informed that a session on “Stress & Time Management” by Dr. Anitha Are, Clinical Psychologist, is scheduled on 9th December 2023 at 4th Floor, Seminar Hall, Diamond Block.






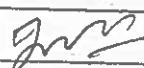


The session timings are planned as follows:

Date	Timings	Sections
9 th December 2023 Saturday	02:15 pm to 03:00 pm	CSE A, CSE B, CSE C & CSE (AI&ML)
	03:15 pm to 04:00 pm	IT A, IT B, EEE, ECE A & ECE B


HOD


Principal

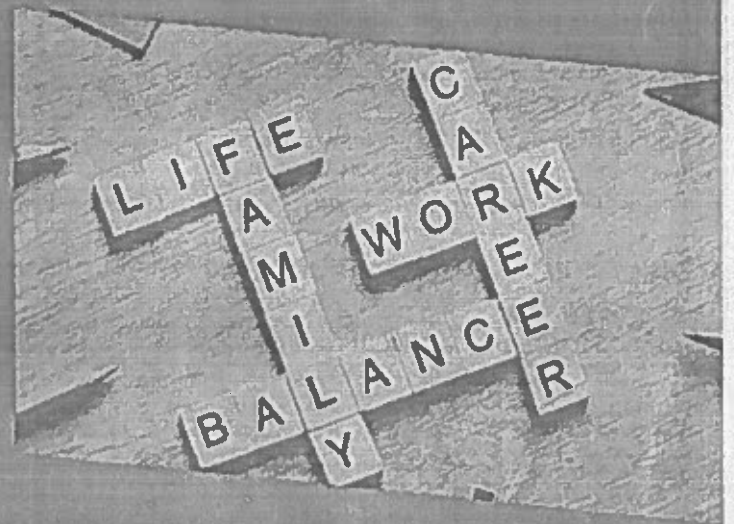
Copy to: For circulation to all first-year classrooms/faculty/staff.

Year	I		
	A	B	C
Section			
CSE			
IT			--
ECE			--
EEE		--	--
AI&ML		--	--

STRESS & TIME MANAGEMENT

By
Dr. Anitha Are
Professional Counsellor

9th December 2023



VISHNU
UNIVERSAL LEARNING

DEPARTMENT OF BASIC SCIENCE & HUMANITIES
BVRIT HYDERABAD COLLEGE OF ENGINEERING FOR WOMEN



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Protection of Rights of Children against Production, Distribution and Consumption of Child Sexual Abuse Material (CSAM)

Event Name: STRESS AND TIME MANAGEMENT

by Dr. Anitha Are, Clinical Psychologist.

Date (s) of Conduction: 09-12-2023

Name of the Co-Ordinators: Dr.K. Kavitha

Organized by: Basic Sciences and Humanities

About the Event:

A session on “**STRESS & TIME MANAGEMENT**” is conducted by BS&H department on 09th December, 2023 for the First year students. The Speaker, **Dr. Anitha Are**, Professional Counselor, (Clinical Psychologist) handled the session energetically with an emphasis on Stress & Time management. She also motivated the students to create their own identity and leave their mark wherever they are student and How to overcome stress and How to manage time efficiently. The stress management session offered practical strategies to identify stressors and provided effective coping mechanisms. Similarly, the time management session was highly beneficial, offering insightful tools and techniques to prioritize tasks, set achievable goals, and optimize productivity. Overall, both sessions were valuable in imparting essential skills for handling stress and maximizing productivity. It was an interactive session. The students enjoyed the session and given a very good feedback. All the I B.Tech Students attended the session.

No. of Participants: 392

Photos:





Prithvi
Faculty coordinator

HOD



BVRIT HYDERABAD
College of Engineering for Women
Bachupally, Hyderabad – 500090
Department of Basic Sciences and Humanities

Dt: 18-01-2024

CIRCULAR

Dear Staff

We are pleased to invite you to a special workshop titled "**Get Fit While You Sit**", aimed at promoting fitness and wellness during long hours of sitting. This workshop will teach you easy, desk-friendly exercises and stretches to improve posture, relieve tension, and boost energy levels. Program will be conducted by Department of Basic Sciences and Humanities on 20th Jan 2024 by Ms.M.Purnima, Founder, WoW fitness studio.

Venue: 4th Floor, Diamond Block, Seminar Hall.

Timings : 3:00 PM to 4:00 PM

Faculty Co-ordinators:

Dr.M.Anita

A blue ink signature of Dr. M. Anita.

Ms.G.L.Sirisha

A blue ink signature of Ms. G.L. Sirisha.

A blue ink signature above the text.
HoD-BS&H

A green ink signature above the text.
Principal



**BVRIT HYDERABAD College of Engineering for Women
AUTONOMOUS**

(Approved by AICTE, Affiliated to JNTUH)

(Accredited by NBA – EEE, ECE, CSE & IT and NAAC with ‘A’ Grade)

Event Name: “Get Fit While You Sit”

Date of Conduction: 20th January 2024

Name of the Resource Person: Ms.M.Purnima, Founder, WoW Fitness Studio

Faculty Coordinators:

Dr M. Anita Professor of Mathematics & HOD

Ms.G.L.Sirisha Assistant Professor of English

No. of Participants: 50 Female Faculty

**Organized by: Department of Basic Sciences and Humanities , BVRIT
HYDERABAD College of Engineering for Women.**

About the Speaker:

Purnima Mandava, is an International Athlete, celebrity wellness coach, a fitness writer, an eminent speaker and a staunch advocate of eastern wellness concepts with more than a decade of experience in the field of Fitness and Sports. Purnima had worked with the best in the Indian film and Sports Industries. A contemporary wellness coach, Purnima is known for incorporating the most pragmatic approach in her fitness regimes. Whether her clients have been film celebrities with versatile requirements for varied characters they play, elite athletes, stay-at-home parents or all hours of the day workaholics, she is known to have been working tirelessly towards transforming them with her unique techniques resulting in powerful and lasting results. Purnima, with her profound experience in wellness has transformed the lives of thousands of women by helping them get healthy and fit. She is driven by the purpose of pioneering a new era in the fitness industry with this exclusive women’s wellness venture WOW!

About the Event:

"Get Fit While You Sit" aimed at promoting physical activity and wellness among individuals who have sedentary lifestyles or desk-bound jobs. The speaker educated participants on simple yet effective techniques that can be incorporated into their daily routine, even while sitting at their desks or during extended periods of sitting. The speaker enlightened that at WoW Fitness they focus on customisation through which we deliver desired results in Natural and most optimal way. She ensured that they work towards a sustainable result for a long time. The program kicked off with a presentation highlighting the importance of staying active, even for individuals with sedentary jobs. It emphasized the negative health impacts of prolonged sitting and the benefits of incorporating movement throughout the day. The mind-body connection plays a crucial role in achieving and maintaining fitness. By nurturing mental and emotional well-being alongside physical health,

individuals can cultivate a balanced and sustainable approach to fitness that supports long-term health and vitality.

The "Get Fit While You Sit" awareness program successfully achieved its objective of promoting physical activity and wellness among the participants with sedentary lifestyles or desk-bound jobs. By providing practical tips, demonstrations, and educational resources, the program empowered participants to take proactive steps towards improving their health and mitigating the negative effects of prolonged sitting.




Faculty coordinator


HOD-BS&H



BVRIT HYDERABAD
College of Engineering for Women
Bachupally, Hyderabad – 500090
Department of Basic Sciences and Humanities

Dt: 01-03-2024

CIRCULAR

Dear Students,

This is to inform you that the Department of Basic Sciences and Humanities will be hosting a workshop titled "**Breaking Barriers: Promoting Gender Equality in Technology and Engineering**" for the second-year CSE-A, B, and C students on 4th March 2024, from 3:00 PM to 4:00 PM. The workshop aims to create a more inclusive academic and professional environment by addressing the challenges and opportunities associated with promoting gender equality in the fields of technology and engineering.

Venue: 4th Floor, Diamond block, Seminar hall.

Faculty Co-ordinator:

G.L.Sirisha

A handwritten signature in blue ink, appearing to read 'Sirisha'.

A handwritten signature in blue ink, appearing to read 'Sirisha'.

HoD-BS&H

A handwritten signature in green ink, appearing to read 'A. H.'.

Principal



BVRIT HYDERABAD
College of Engineering for Women
Bachupally, Hyderabad – 500090

Department of Basic Sciences and Humanities

Event Report

Event: Workshop

Topic: Breaking Barriers: Promoting Gender Equality in Technology and Engineering

Date: 4th March, 2024

Name of Participants: 156 Students

Branch : CSE-A,B,C,II nd Year

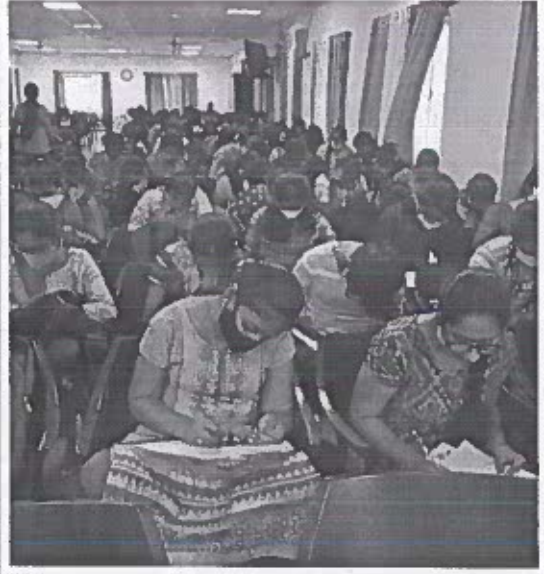
Coordinator: G.L.Sirisha

Report of the event

The workshop "Breaking Barriers: Promoting Gender Equality in Technology and Engineering" was organized with the objective of raising awareness about gender sensitivity, addressing existing barriers to gender equality in the STEM (Science, Technology, Engineering, and Mathematics) field, and promoting an inclusive culture within the engineering and technology sectors. The event took place on 4th March 2024 at APJ Seminar Hall, and was attended by CSE IInd year students, faculty, and staff members. The session emphasized the importance of fostering an environment where gender inclusivity is not just a policy but a practice integral to both education and professional life in technology and engineering. The keynote address was delivered by speaker who provided valuable insights into the current gender disparities in the tech industry. They highlighted the need for gender-sensitive policies and practices in engineering education and explained how gender equality drives innovation and productivity in the workplace.

The discussion focused on the challenges faced by women and marginalized genders in STEM fields, strategies to break these barriers, and the role of educational institutions in ensuring equal opportunities for all. These sessions encouraged students to reflect on their own biases and come up with actionable steps for creating a more inclusive environment.

The "Breaking Barriers: Promoting Gender Equality in Technology and Engineering" workshop was a resounding success. It served as an important step toward fostering a more inclusive, respectful, and diverse environment for students and faculty alike in the field of engineering and technology. The discussions, workshops, and activities not only raised awareness about gender biases but also provided concrete steps to break down barriers and empower all genders in the pursuit of their engineering aspirations.



Divisha
Faculty Coordinator

[Signature]
HoD-BS&H



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Bachupally, Hyderabad-500090

Department of CSE(Artificial Intelligence and Machine Learning)

CIRCULAR

Lr.No:BVRITH/A/AI ML/GS_WS_cir/5

Dt: 05-03-2024

All the staff, I & II B.Tech. students are hereby informed to join the “ **WOMEN’S DAY CELEBRATIONS** ” , on 7th March, 2024 .


Venue: Diamond Block seminar hall

Time: 2:00pm to 4:00pm

Thanking you,


PRINCIPAL

Yours Faithfully,


HOD, CSE(AI&ML)

HOD Dept. of CSE (AI&ML)
BVRIT HYDERABAD
College of Engineering for Women
Bachupally, Hyderabad-500 090.
Medchal-Malkajgiri Dist.

REPORT ON
WOMEN'S DAY CELEBRATIONS

Name of the Event: Women's Day Celebrations

Organization Name: BVRITH, HYDERABAD

Date(s): 07-03-24

Venue: BVRITH, HYDERABAD

Name(s) of the Participant: All I & II YEAR STUDENTS,

Resource Person: Mrs. Aparna Bhogu, Founder of UpBeat, Monitra Health Care Ltd, Dr. Sirisha, Chief Dietician, MAMS

Faculty Coordinators: Mrs. P. Anusha (AIML), Mrs. V. Asha (AIML)

Description of the Event

About Speaker:

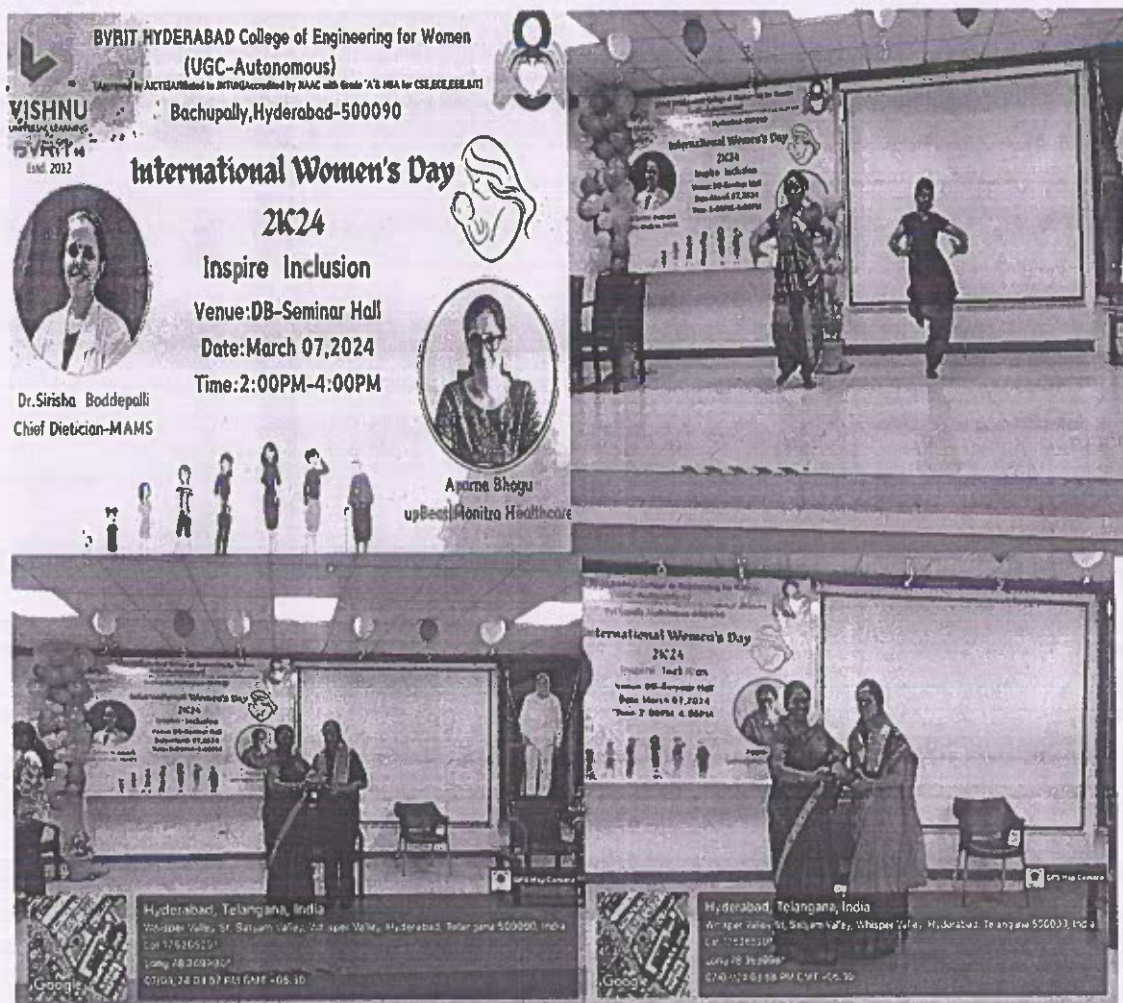
1. Mrs. Aparna Bhogu, co-founder, Monitra healthcare private limited. She has not only excelled in her professional journey but is an inspiration to all of us. Her leadership is marked by innovation, resilience, and a commitment to fostering an inclusive workplace. Beyond her impressive accomplishments and she has dedicated herself to breaking barriers and empowering others. Ms Aparna has pursued her undergraduate BTech degree in Shreemati Nathibai Damodar Thackersey Women's University in the field of electronics and telecommunication and completed her postgraduate, MS degree from Carnegie Mellon University in the field of information systems management. Ms Aparna has taken up multiple roles in the past few years she was a business productivity analyst in Maestros Mediline Systems Ltd. She worked as a software Engineer at Herald Logic Private Limited. She worked as assistant system engineer at the Tata Consultancy Services. She then became the consultant at TIBCO software. And currently she is the co-founder of Monitra Health Care Private Limited.
Mrs. Aparna Bhogu has encouraged students to excel in their career and how to become as an entrepreneur. She appreciated student's performances and student's achievements. Appreciated the college achievements and activities of college.
2. Dr. Sirisha is currently pursuing her Ph.D. in Nutrition at GITAM University. She holds a master's degree in Food, Nutrition, and Dietetics from Andhra University and is a graduate in Public Health Management from the Indian Institute of Public Health. Sirisha's journey also includes consulting roles at Idea Clinics and Cygnus Hospital, where she created personalized meal plans, advised on healthy nutrition choices, and contributed valuable insights through blog posts. She also worked as Chief Dietician at Lotus Women & Childcare Hospitals.

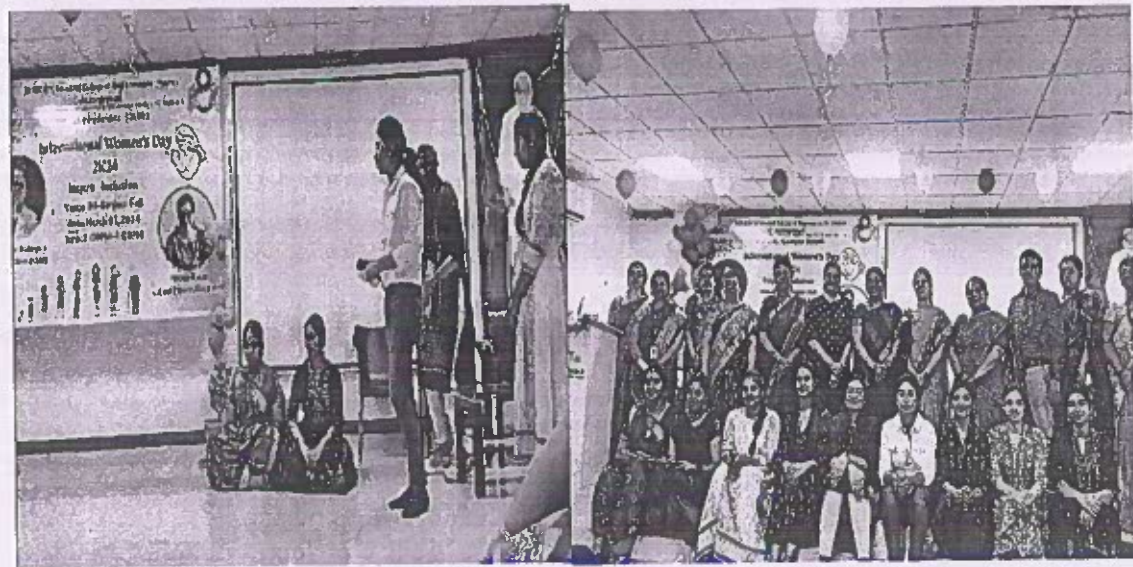
Dr. Sirisha has given advice on hormone imbalances and precautions to be taken to maintain hormone balance. She also advised food habits and lifestyle habits to be maintained by youth.

About Event:

BVRIT HYDERABAD College of engineering college organised advanced women's day celebrations on the occasion of International Women's Day. The chief guests of this occasion are Mrs.Aparna Bhogu, Founder of Monitra Health Care Private Limited and Dr.Sirisha, Chief Dietitian, MAMS. Mrs Aparna shared her experiences and encouraged students with their motivational words. Dr.Sirisha shared inputs about hormone imbalance and precautions to be taken to prevent difficulties faced with hormone imbalance.

Gallery:





The event started with a classical performance by second year students. Students of first year performed Meme on Gender Equality in olden days and present days. They played an wonderful act and chief guests appreciated students. Students of second year performed skit on problems facing by women in different ages of time with their wonderful performance. All are impressed with students performance and appreciated.

P. Anurag
7/3/2024

Poojara
 HOD Dept. of CSE (AI&ML)
JVRIT HYDERABAD
 College of Engineering for Women
 Bachupally, Hyderabad-500 090.
 Medchal-Malkajgiri Dist.



BVRIT HYDERABAD
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Bachupally, Hyderabad – 500090
Department of Basic Sciences and Humanities

Dt: 08-07-2024

CIRCULAR

Dear Students,

This is to inform you that the Department of Basic Sciences and Humanities will be organizing a Role Play on "**Healthy Relationships and Gender Dynamics**" for IInd year ECE-B students on 11th July 2024, from 10:00 AM to 11:00 AM. The objective of this event is to raise awareness and foster a deeper understanding of important concepts such as healthy relationships, effective communication, respect for boundaries, and gender equality.

Venue : DB,Room no 302

Faculty Co-ordinator:


Ms.T.Mounika


HoD-BS&H


Principal



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BVRIT HYDERABAD

College of Engineering for Women

Bachupally, Hyderabad – 500090

Department of Basic Sciences and Humanities

Event Report

Event: Role play

Topic: Healthy Relationships and Gender Dynamics

Date: 11th July, 2024

Name of Participants: 68 Students

Branch : ECE-B,IInd, Year

Coordinator: T.Mounika

Report of the event

Role play is a powerful and engaging educational tool that fosters active participation and enhances understanding of complex topics like healthy relationships and gender dynamics. This report examines a role-play activity designed to help students navigate the complexities of relationship dynamics, gender roles, and power structures in interpersonal interactions. By immersing students in real-life scenarios, the activity encourages them to reflect on their own behaviors, challenge stereotypes, and apply principles of respect, equality, and emotional intelligence to their relationships.

During the role-play, students enacted various scenarios that reflected common real-life situations, focusing on key themes such as healthy communication, respecting boundaries, understanding consent, and promoting gender equality. The activity proved to be an effective way to engage students in learning about the intricacies of interpersonal communication, power dynamics, and respect. It not only created a safe space for students to explore different communication styles but also encouraged them to critically examine how gender expectations shape relationships.

By incorporating interactive methods like role play, colleges can better prepare students to navigate the complex dynamics of healthy relationships and gender equality in their personal, academic, and professional lives. Acting out different roles allowed students to gain empathy for diverse perspectives, helping them understand how gender and power dynamics influence relationships. Ultimately, this hands-on approach fosters deeper learning and equips students with the tools to build more respectful, equal, and supportive relationships in all areas of their lives.




Faculty Coordinator


HoD-BS&H



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CIRCULAR

Lr. No. BVRITH/ RAKSHANA/ 2024/ 01

Date: 19.07.2024

All the II B.Tech CSE & IT are hereby informed that a session on "Women Safety" will be conducted by SHE team of Kukatpally division.

The session is as follows:

SESSION	TIMINGS	SECTIONS
1	10:00 am to 12:00 pm	CSE A, CSE B, CSE C, IT A, IT B

Date: 24th July 2024

Venue: 4th Floor Seminar Hall, Diamond Block

This session aims to provide valuable insights of Women safety, preventive strategies and help line numbers for the students to stay safe.

All II B.Tech CSE and IT students are encouraged to attend the session and take advantage of this informative event.

Faculty Coordinator's

- Ms K Sowmya -
- Dr Ch Sunil kumar -

Principal

Copy to: Vice Principal / Prof I/C's / All HoD's / AO / Accounts / Students / Placement Manager / Exam Branch / Library.



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“ Women Safety”

July 24th 2024

(Under RAKSHANA- Your Shield)

Name of the Event: Women Safety

Session : Conducted by SHE team of Kukatpally division

Date(s) of Conduction: 24-07-2024

Venue: BVRIT HYDERABAD College of Engineering for women - DB Seminar Hall

Time: 10:00am to 12:00pm

No. of Participants: Around 250 (2nd year CSE&IT Students)

Faculty Coordinators:

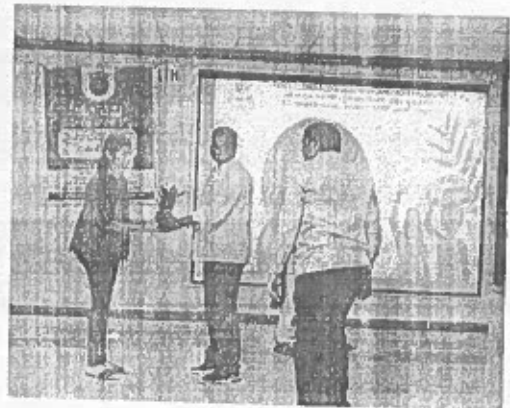
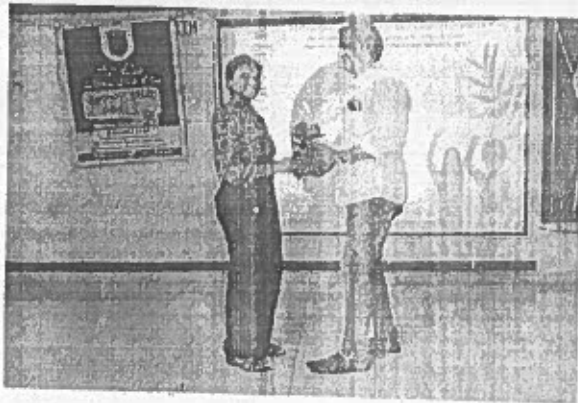
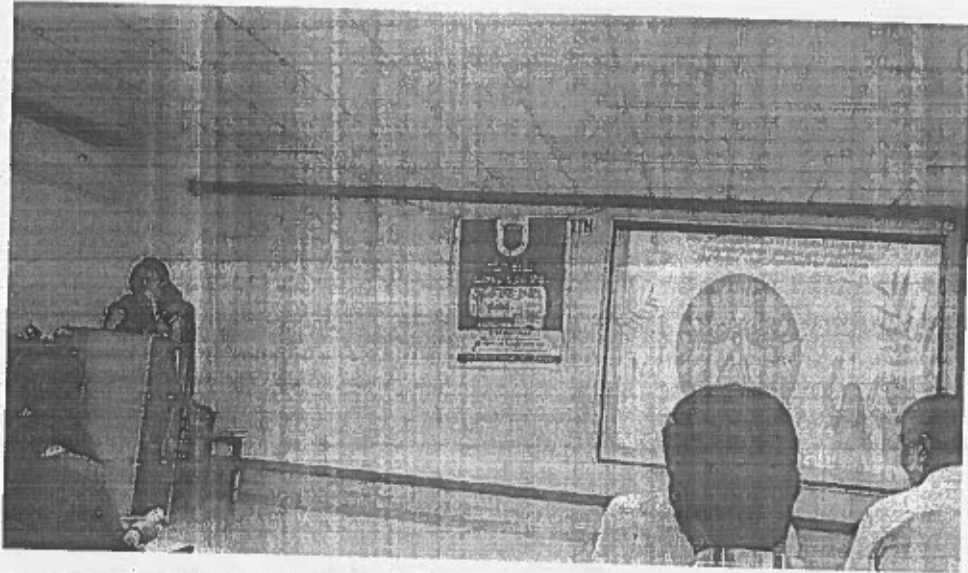
- 1. Dr. Ch. Sunil Kumar***
- 2. Ms K. Sowmya***

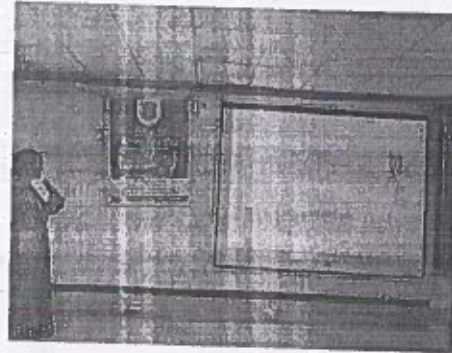
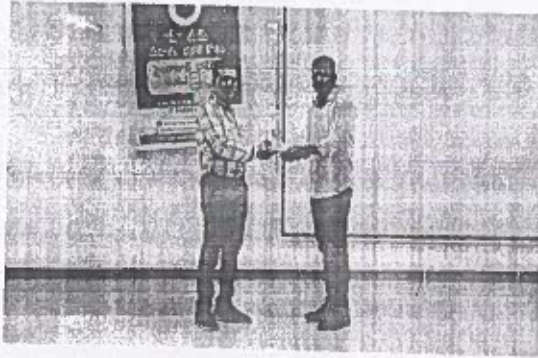
Report:

SHE team from the Kukatpally division conducted a highly informative session for our 2nd year CSE and IT students under the RAKSHANA - Your Shield initiative. The team of 5, includes the following.

- Sub-Inspector: Sri Venkatesham
- Head Constables: Sri Appa Rao and Sri Srinivasa Reddy
- Women Constable: Ms. Prameela
- Constable: Sri Narsinga Rao

Photos: A few



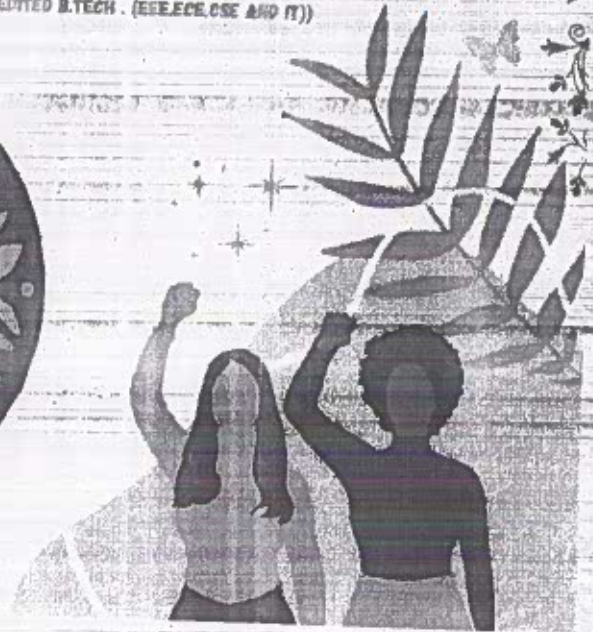


BVRIT HYDERABAD COLLEGE OF ENGINEERING FOR WOMEN

(UGC AUTONOMOUS INSTITUTION | APPROVED BY AICTE | AFFILIATED TO JYUW)
(NAAC ACCREDITED - A GRADE | NBA ACCREDITED B.TECH. (EEE, ECE, CSE AND IT))



24 JULY 2024
DIAMOND BLOCK SEMINAR HALL
10:00 A.M



Ms K.Sowmya
Asst.Prof, BS&H

Dr. Ch Sunil Kumar
Professor, EEE

Dr. K V N Sunitha
Principal



BVRIT HYDERABAD
College of Engineering for Women
Bachupally, Hyderabad – 500090
Department of Basic Sciences and Humanities

Dt: 19-08-2024

CIRCULAR

Dear Students,

We are excited to announce a guest lecture by Dr. Deepika Rupert Gardner on “**Shattering Stereotypes: Gender and Technology**” for IInd IT A & B students on 21st August 2024, from 3:00 PM to 4:00 PM at APJ Block Seminar hall. The lecture will explore how gender stereotypes affect innovation in technology and IT, highlighting strategies to overcome biases and promote diversity in tech fields.

Faculty Co-ordinator:


Ms. T. Mounika


HoD-BS&H


Principal



BVRIT HYDERABAD
College of Engineering for Women
Bachupally, Hyderabad – 500090

Department of Basic Sciences and Humanities

Event Report

Event: : Guest Lecture

Topic: "Shattering Stereotypes: Gender and Technology"

Date: 21st Aug, 2024

Name of Participants: 140 Students

Branch : IT-A,B, IInd, Year

Coordinator: Ms.T.Mounika

Report of the event

The event sought to highlight the role of gender in shaping technology, focusing on the importance of gender diversity in driving technological advancements and innovation. A leading expert in tech diversity discussed the under representation of women and other genders in technology fields, and the impact of this on technological innovation. The outcomes of program are students were made aware of the systemic gender biases that limit access to technology roles for underrepresented genders. Practical tips for combating stereotypes and fostering gender diversity in technology-based teams were shared. stronger commitment to gender inclusivity in student projects, hackathons, and internships.

Students participated in group activities to design solutions to gender-based challenges in tech education and workplaces, using real-world case studies. Through engaging activities, thought-provoking discussions, and expert insights, we aim to break down barriers and encourage more diverse and inclusive thinking in the tech industry. The guest speaker also provided case studies illustrating the real-world impact of gender bias in technology. These included instances where products and software were designed without considering the needs of women, leading to flawed technology. For example, voice recognition software initially had difficulty understanding female voices, highlighting the absence of female input in product development.




Faculty Coordinator


HoD-B&H