



# **BVRIT HYDERABAD College of Engineering for Women**

**Approved by AICTE and Affiliated to JNTUH, Hyderabad**

**Accredited by NBA & NAAC (A Grade)**

**Rajiv Gandhi Nagar, Bachupally, HYDERABAD – 500090**

**Telangana, India**

## **REPORT**

**Second Event , *Session on Counselling and outreach for peer empowerment (COPE)* was conducted under ABET ( Adithya Birla Educational Truest) on on 6<sup>th</sup> March 2024 by Ms.Reena Narg.**

**Venue : Saphire block , board room, BVRIT HYDERABAD COLLEGE of Engineering for Women.**

**The session conducted AN (3.30 am to 4.30 noon) for 25 students**

**Event Name: Counselling and outreach for peer empowerment (COPE)**

**Meet with Reena Narang Mam**

**Date of conduction: 06|03|2024**

**Name of the Co-Ordinators:**

**Dr.Chava Sunil Kumar – Professor, Vice Principal**

**Dr.K. Kavitha - Associate Professor**

**SPECIAL GUEST : Dr.Aruna Rao S.L.Professor & HoD**

**About the Event:**

**Walkthrough:**

1. Main Introduction
2. Qualities of team members

3. Brief recap on the previous meet and Some additional instructions
4. gallery

**Brief:**

**Main Introduction:**

Reena mam followed by each member present there were asked to re introduce ourselves.

**Qualities of team members:**

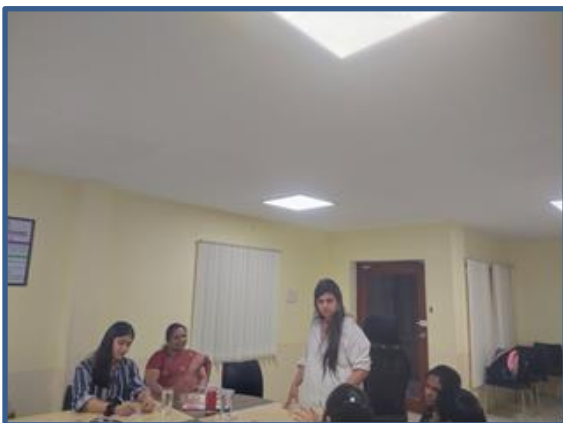
During the introduction each member was asked to share their name, department, year of study and a quality which we think is good and helpful to us. The reason behind this activity was to make sure a person is aware of oneself and to develop a feeling of self appreciation and love.

**Brief recap on the previous meet :**

1. What is COPE:  
Counselling and outreach for peer empowerment
2. What is YMHFA:  
Youth mental health first aid course
3. What is the role of a lead and a co lead:  
Bridge between officials and community members  
Organize events and meeting  
Lead will be given permission to the calender  
Organize weekly meeting with community members  
Monthly newspaper updates  
*Distribution of merchandise*
4. Importance of the roles in the community
5. About the activities that can be conducted in the college:  
Movies  
Art and dance therapy sessions  
workshops
6. Any social media content will first be monitered by the cope community and then will be posted in the drive
7. Promotional methods for the COPE
8. a stratergical approach for the movie activity  
how the work could be divided within the team members

**Gallery:**





# **COUNSELLING AN OUTREACH FOR PEER EMPOWERMENT (COPE)**

## **Meet with Reena Narang**

**Date of conduction:** 6th MARCH 2024

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**Dr.Chava Sunil Kumar – Professor, Vice Principal**

**Dr.K. Kavitha - Associate Professor**

**SPECIAL GUEST : Dr.Aruna Rao S.**



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